

# NEWSLETTER

(BRINGING YOU THE LATEST NEWS ON INDIA AND INDIA-ZAMBIA RELATIONS)



सत्यमेव जयते



वसुधैव कुटुम्बकम्  
ONE EARTH • ONE FAMILY • ONE FUTURE

## HIGH COMMISSION OF INDIA LUSAKA

June 2023

Issue- 9

### Hon'ble Prime Minister Mr. Narendra Modi PM addresses meet on World Environment Day

Hon'ble Prime Minister Mr. Narendra Modi addressed the meet on World Environment Day on 5<sup>th</sup> June 2023. The Prime Minister highlighted that India of the 21st century is moving forward with a very clear roadmap for climate change and environmental protection. Underlining that India has created a balance of Present Requirements and Future Vision, the Prime Minister stated that necessary help has been provided to the poorest of the poor while huge steps have been taken keeping in mind the energy needs of the future. "During the last 9 years, India has made an unprecedented focus on green and clean energy", the Prime Minister said as he gave examples of solar power and LED bulbs that have helped in saving people's money as well as contributing towards protecting the environment. Throwing light on India's leadership during the global pandemic, the Prime Minister informed that India started Mission Green Hydrogen and took major steps towards natural farming to save soil and water from chemical fertilizers.

The Prime Minister emphasized that every country in the world should think above the vested interests for the protection of the world climate. Pointing out that the model of development where the thought of developing one's country and then worrying about the environment has been prevalent for a long time among big and modern countries of the world, the Prime Minister underlined that even though such countries achieved the goals of development, it was the environment of the whole world that paid the price. Even today, the Prime Minister continued, the developing and underdeveloped countries of the world are suffering from the flawed policies of a few developed countries. "For decades, there was no country to stop this attitude of some developed countries", the Prime Minister said as he expressed delight that India has raised the issue of Climate Justice in front of every such country.

Speaking about mission LiFE i.e. Lifestyle for Environment becoming a public movement, the Prime Minister highlighted that the mission is spreading a new consciousness about lifestyle changes to combat climate change. He mentioned that there was curiosity among the people when the mission was launched last year in Kevadia-Ekta Nagar, Gujarat but a month ago, a campaign was started regarding Mission LiFE where 2 crore people became a part of it in less than 30 days. He also informed about the organization of rallies and quiz competitions in the spirit of 'Giving Life to My City'. "Lakhs of colleagues have adopted the mantra of Reduce, Reuse, Recycle in their everyday life", the Prime Minister stated as he underlined that the basic principle of Mission LiFE is changing one's nature to change the world. "Mission LiFE is equally important for the bright future of the entire humanity, for our future generations", Prime Minister added.

Concluding the address, the Prime Minister said that every step taken towards Mission LiFE will become a strong shield for the environment in the times to come. He also mentioned that a collection of Thought Leadership for LiFE has also been released today. He expressed confidence that such efforts will further strengthen the resolve for green growth.

**Read More :** <https://pib.gov.in/PressReleasePage.aspx?PRID=1929902>

## Hon'ble Prime Minister Mr. Narendra Modi addresses G20 Agriculture Ministers' Meet



Gender equality and women's empowerment are critical for achieving the SDGs. In India, women are driving development and acting as agents of change



Hon'ble Prime Minister Mr. Narendra Modi addressed the G20 Agriculture Ministers' Meet on 16<sup>th</sup> June 2023. Throwing light on India's contribution to the agricultural sector, the Prime Minister highlighted India's policy of a fusion of 'back to basics' and 'march to future' and said that India is promoting Natural Farming as well as Technology-enabled Farming. "Farmers all over India are taking up natural farming now", the Prime Minister said. He further added that they are not using synthetic fertilizers or pesticides but their focus is on rejuvenating the mother earth, protecting soil health, producing 'per drop, more crop', and promoting organic fertilizers and pest management solutions. At the same time, the Prime Minister continued, our farmers are proactively using technology to boost productivity and gave the example of generating and using solar power on their farms, the use of Soil Health Cards to optimize crop selection, and drones to spray nutrients and monitor their crops. He expressed the belief that this 'fusion approach' is the best way to address several issues in agriculture.

Concluding the address, the Prime Minister said, "India's G20 priorities in agriculture focus on healing our 'One Earth', creating harmony within our 'One Family' and giving hope for a bright 'One Future'". He expressed happiness that work is underway on two concrete outcomes - The 'Deccan High-level Principles on Food Security and Nutrition', and the 'MAHARISHI' initiative for millets and other grains. "The support for these two initiatives is a statement in support for inclusive, sustainable, and resilient agriculture", the Prime Minister concluded.

**Read more :** <https://pib.gov.in/PressReleasePage.aspx?PRID=1932787>

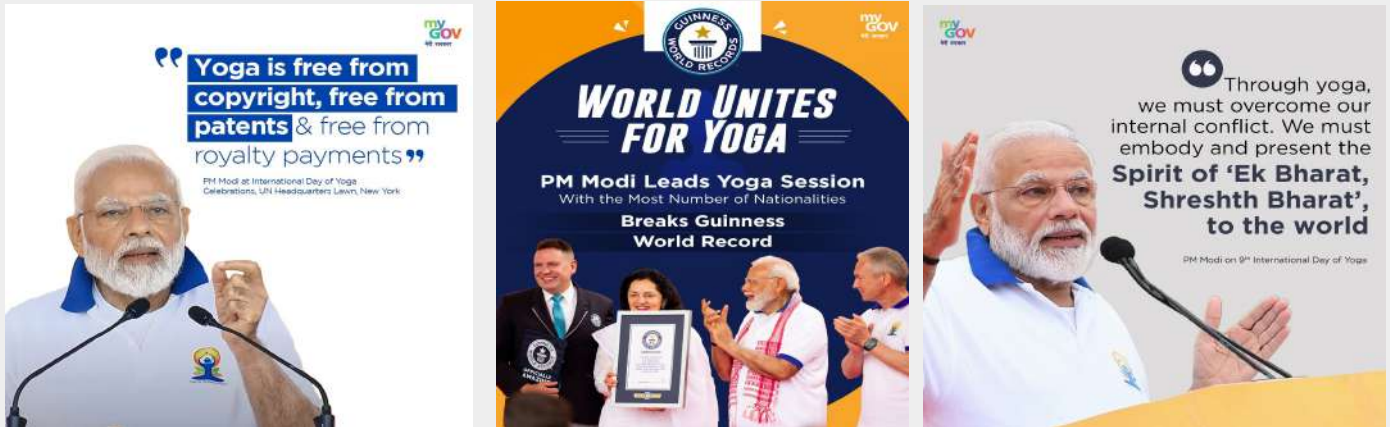
## Hon'ble Prime Minister Mr. Narendra Modi addresses G20 Education Ministers' Meet

Hon'ble Prime Minister Narendra Modi addressed the G20 Education Ministers' Meet held in Pune on 22 June 2023. Addressing the gathering, the Prime Minister said that education is not only the foundation upon which our civilization has been built, but it is also the architect of humanity's future. The Prime Minister referred to the Education Ministers as the Sherpas and said that they are leading mankind in its effort for development, peace, and prosperity for all. Prime Minister highlighted that the Indian scriptures describe the role of education as the key to bringing joy. Reciting a Sanskrit Shlok which means 'True knowledge gives humility, from humility comes worthiness, from worthiness one gets wealth, wealth enables a person to do good deeds, and, this is what brings joy', the Prime Minister said that India has embarked on a holistic and comprehensive journey. He emphasized that foundational literacy forms a strong base for the youth and India is combining it with technology. He highlighted the 'National Initiative for Proficiency in reading with Understanding and Numeracy', or 'Nipun Bharat' initiative by the Government and expressed happiness that 'Foundational Literacy and Numeracy' has been identified as a priority by G20 as well. He also stressed working on it in a time-bound manner by 2030.

Underlining the need to make our youth future-ready by continuously skilling, reskilling and up-skilling them, the Prime Minister emphasized aligning their competencies with evolving work profiles and practices. In India, the Prime Minister added, we are undertaking skill mapping where the Education, Skill and Labour Ministries are working in tandem on this initiative. He also suggested that G-20 countries can undertake skill mapping at the global level and find gaps that need to be plugged in. Highlighting the significance of the G20 Education Ministers' Meet towards the future of our children and youth, the Prime Minister expressed delight that the group has identified green transition, digital transformations and women's empowerment as accelerators for achieving Sustainable Development Goals. "Education is at the root of all these efforts", the Prime Minister said, as he expressed confidence that the outcome of the meeting will be an inclusive, action-oriented and future-ready education agenda. "This would benefit the whole world in the true spirit of Vasudhaiva Kutumbakam - One Earth, One Family, One Future", the Prime Minister concluded.

**Read more :** <https://pib.gov.in/PressReleasePage.aspx?PRID=1934350>

## Hon'ble Prime Minister Mr. Narendra Modi addresses National celebration of International Day of Yoga-2023



Hon'ble Prime Minister Mr. Narendra Modi addressed the National celebration of International Day of Yoga, 2023 via video message on 21<sup>st</sup> June 2023. Addressing the gathering, the Prime Minister conveyed his best wishes to the citizens on the International Day of Yoga and explained that he is connecting with them via a video message as he is currently touring the United States of America due to various commitments, unlike previous occasions of Yoga Day when he was present here.

Highlighting the idea of the 'Ocean Ring of Yoga' which makes Yoga Day even more special, the Prime Minister said that it is based on the mutual relation between the idea of yoga and the expanse of the ocean. He also highlighted the 'Yog Bharatmala and Yoga Sagarmala' made by Army personnel using water sources. Similarly, the Prime Minister continued, India's two research bases from the Arctic to Antarctica i.e. the two poles of the earth are also connected with yoga. He emphasized that the participation of crores of people from all over the country and the world in this unique celebration in such a spontaneous manner shows the vastness and fame of Yoga. The Prime Minister stated giving reference to the Yoga scriptures that one acquires health, vigour and strength through Yoga and those who have been regularly involved in this practice over the years have felt its energy. Underlining the importance of good health at the individual as well as the family level, the Prime Minister emphasized that Yoga creates a healthy and powerful society where the collective energy is much more. He highlighted the campaigns like Swachh Bharat and Startup India that have helped in building a self-reliant nation and restoring the cultural identity of the country and said that the country and its youth have contributed a lot to this energy. "Today the minds of the country have changed leading to a change in people and their lives", he added.

The Prime Minister remarked that India's culture and social structure, its spirituality and ideals, and its philosophy and vision have always nurtured traditions that unite, adopt and embrace. Prime Minister further added that Indians have welcomed new ideas and conserved them as he highlighted the country's celebrated rich diversity. He said that Yoga strengthens such feelings, expands the inner vision, and connects us with that consciousness which makes us feel the unity of the living being giving a basis of love for the living being. Therefore, the Prime Minister said, we have to eliminate our contradictions, blockages and resistances through yoga. "We have to present the spirit of 'Ek Bharat, Shreshth Bharat' as an example to the world", he added.

Concluding the address, the Prime Minister quoted a Shloka about Yoga and explained that skill in action is yoga. He emphasized that this mantra is very important for everyone in the Azadi Ka Amrit Kaal and that perfection of Yoga is achieved when one is truly devoted to their duties. "Through Yoga, we know the selfless action, we decide the journey from Karma to Karmayoga", Prime Minister said as he expressed confidence that with yoga, we will improve our health and also imbibe these resolutions. "Our physical strength, our mental expansion will become the basis of a developed India", the Prime Minister concluded.

**Read more :** <https://pib.gov.in/PressReleasePage.aspx?PRID=1933795>

### **Hon'ble Prime Minister Mr. Narendra Modi inaugurates first-ever National Training Conclave**

Hon'ble Prime Minister Mr. Narendra Modi inaugurated the first-ever National Training Conclave at the International Exhibition and Convention Centre, Pragati Maidan, New Delhi on 11<sup>th</sup> June 2023. Prime Minister's address was replete with many anecdotes and stories emanating from his rich political and administrative experience. By giving such examples in his address, he emphasised the importance of aspects like service orientation of government work, ownership in realising the aspirations of common man, need to break hierarchy and using experience of every person in organisation, importance of Jan Bhagidari, the zeal to improve and innovate the system, among other things. He added that the training modules should be oriented and developed such that these aspects are inculcated in the government officials. Prime Minister also discussed the vertical and horizontal silos and the shackles of hierarchy, exhorting officials to overcome them to seek out those with experience, regardless of hierarchy.

Prime Minister emphasised that training should inculcate the importance of Jan Bhagidari in every government servant. Explaining this to the audience, he credited the success of Swachh Bharat Mission, Aspirational Districts Programme, Amrit Sarovar and the substantial share of India in digital payments in the world, to Jan Bhagidari. He wished all participants of the conclave the best for the day-long deliberations and suggested them to come up with actionable inputs which will help in improving training infrastructure in the country. He also suggested making an institutional mechanism for organising the Conclave at regular intervals. Prime Minister said that training is for every level and for everyone, and in this sense, the iGOT Karmayogi platform has brought about a level playing field as it provides opportunities to everyone for training. He said that iGOT Karmayogi registration crossing the 10 Lakh user base mark shows that people in the system are keen to learn. He added that Karmayogi Mission seeks to improve the orientation, mindset and approach of the government personnel so that they feel content and happy, and as a by-product of this improvement, the governance system improves organically.

**Read more :** <https://pib.gov.in/PressReleasePage.aspx?PRID=1931497>

### **Hon'ble Prime Minister Mr. Narendra Modi addresses G20 Tourism Ministers' Meet**

Hon'ble Prime Minister Mr. Narendra Modi addressed the G20 Tourism Ministers' Meet held in Goa via video message on 21<sup>st</sup> June 2023. The Prime Minister underlined that India's efforts in the tourism sector are centered on preserving its rich heritage while creating a world-class infrastructure for tourism. Noting that India attracts pilgrims of every major religion of the world, the Prime Minister emphasized the development of spiritual tourism as one of the focus areas. He informed that the infrastructure upgrade in the eternal city of Varanasi, one of the major spiritual centers, led to a ten-fold increase in pilgrims taking the number to 70 million today. He also underlined that India is creating new tourist attractions and gave the example of the Statue of Unity, the tallest statue in the world, which attracted about 2.7 million tourists within a year of its inauguration. In the last nine years, the Prime Minister said, we have placed special emphasis on developing the entire ecosystem of tourism in the country. "From transport infrastructure to the hospitality sector to skill development, and even in our visa systems, we have kept the tourism sector as a focal point of our reforms", Prime Minister said. He highlighted that the hospitality sector has great potential for employment generation, social inclusion and economic progress while employing more women and youth compared to the other sectors. The Prime Minister expressed happiness that India is also recognizing the relevance of the tourism sector for the speedy achievement of Sustainable Development Goals.

The Prime Minister highlighted that the five inter-connected priority areas of Green Tourism, Digitalization, Skill Development, Tourism MSMEs, and Destination Management reflect the priorities of India as well as the Global South. Prime Minister suggested greater use of emerging technologies like artificial intelligence and augmented reality to drive innovation and highlighted that India is working towards artificial intelligence enabling real-time translation of various languages spoken in the country. The Prime Minister also suggested working together to ease business regulations for tourism companies and assist them in increasing their access to finances and investing in skill development.

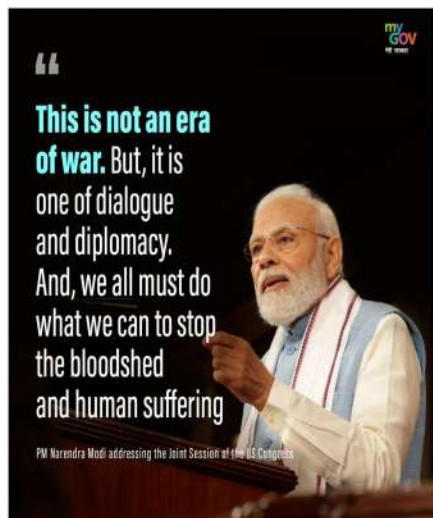
**Read more :** <https://pib.gov.in/PressReleasePage.aspx?PRID=1934350>

## Hon'ble Prime Minister Mr. Narendra Modi's visit to USA



“  
The **Artemis Accord** between India & US is set to take space exploration to new heights, **proving that the sky is not the limit**”

PM Modi at the Joint Press Conference at the White House



“  
This is not an era of war. But, it is one of dialogue and diplomacy. And, we all must do what we can to stop the bloodshed and human suffering”

PM Narendra Modi addressing the Joint Session of the US Congress



“  
**India is the fifth largest economy.** And, India will be the third largest economy soon.”

PM Narendra Modi addressing the Joint Session of the US Congress



US is the oldest and India the largest democracy. Our partnership augurs well for the future of democracy. Together,

**we shall give a better future to the world, & a better world to the future**

PM Narendra Modi addressing the Joint Session of the US Congress



“  
India & America are walking shoulder to shoulder in the **fight against terrorism**. We agree to take necessary action to end cross-border terrorism”

PM Modi at the Joint Press Conference at the White House



“We are creating a strong & futuristic relationship by collaborating in fields like **AI, space, quantum, semiconductors and telecom**”

PM Modi at the Joint Press Conference at the White House



“  
We are leaving the **old buyer-seller relationship** and moving forward with the **transfer of technology, co-development and co-production**”

PM Modi at the Joint Press Conference at the White House



“  
**India has the solution to a major global challenge, ageing.** India has the biggest talent pool of young people, the biggest skilled & professional workforce”

PM Modi at the US-India Strategic Partnership Forum



“  
Past few years, there have been many advances in the AI - Artificial Intelligence. At the same time, there have been even more momentous development in another

**AI: America & India**

PM Narendra Modi addressing the Joint Session of the US Congress

(Photo Courtesy : MyGov Portal)

**Hon'ble Prime Minister Mr. Narendra Modi addresses the 102<sup>nd</sup> Episode of 'Mann Ki Baat' (18<sup>th</sup> June 2023)**



My dear countrymen, Namaskar. Once again a warm welcome to all of you in 'Mann Ki Baat'. Usually 'Mann Ki Baat' comes your way on the last Sunday of every month, but this time it is being held a week earlier. All of you know, I'll be in America next week and there the schedule is going to be pretty hectic, and hence I thought I'd talk to you before I go, what could be better than that! The blessings of the Janata-Janardan, the people, your inspiration, will also continue to enhance my energy.

Friends, no one has any control over natural calamities, but, the strength of disaster management that India has developed over the years, is becoming an example today. There is a significant way to combat natural calamities –viz. conservation of nature. These days during monsoon, our responsibility in this direction increases manifold. That is why today the country is making collective efforts through campaigns like 'Catch the Rain'. Last month in 'Mann Ki

Baat', we had discussed about start-ups associated with water conservation. This time too I have come to know through letters about many people who are trying their very best to save every drop of water. One such friend is Tulsiram Yadav ji of Banda district of UP. Tulsiram Yadav ji is the Pradhan of Luktara Gram Panchayat. You too know that there have always been hardships regarding water in Banda and Bundelkhand regions. To overcome this challenge, Tulsiram ji has built more than 40 ponds in the area, taking the people of the village along with him. Tulsiram ji has made the basis of his campaign – farm water in farms, village water in villages. Today, the result of his hard work is that the ground water level in his village is improving. Similarly in Hapur district in U.P., people collectively have revived an extinct river. A long time ago, there used to be a river here named Neem. As time went by, she disappeared, but was always remembered in local memories and folklore. Eventually, people decided to revive this natural heritage of theirs. On account of the collective efforts of the people, the Neem river has started flowing again. The point of origin of the river, the headwater is also being developed as an Amrit Sarovar.

My dear countrymen, nowadays there is a lot of discussion about Jammu and Kashmir in our country. Sometimes due to rising tourism, at times due to the spectacular events of G-20. Some time ago I had told you in 'Mann Ki Baat' how 'Nadru' of Kashmir are being relished outside the country as well. Now the people of Baramulla district of Jammu and Kashmir have done a wonderful job. Farming has been going on in Baramulla for a long time, but here, there was a shortage of milk. The people of Baramulla took this challenge as an opportunity. A large number of people started dairy farming here. The women here came to the forefront of this task, such as a sister – Ishrat Nabi. Ishrat, a graduate, has started Mir Sisters Dairy Farm. About 150 litres of milk is being sold every day from their dairy farm. Similarly, one such friend is from Sopore... Wasim Anayat. Wasim has more than two dozen animals and he sells more than two hundred liters of milk every day. Another youth Abid Hussain is also doing dairy farming. His work is also progressing a lot. Due to the hard work of such people, 5.5 lakh liters of milk is being produced daily in Baramulla. The entire Baramulla is turning into the symbol of a new white revolution. During the last two-and-a-half - three years, more than 500 dairy units have come up here. The dairy industry of Baramulla is a testimony to the fact that every part of our country is full of possibilities. The collective will of the people of a region can achieve any goal.

**Read more :** <https://pib.gov.in/PressReleasePage.aspx?PRID=1927831>



<p>Achieved 2030 target of meeting <b>40% electricity capacity</b> from non-fossil sources</p>	<p><b>4th largest clean energy</b> capacity in the world</p>	<p>Achieved <b>COP 21 targets</b> 9 years before the deadline</p>	<p><b>6,586 operational</b> Public EV Charging Stations in India</p>
<p><b>1,900% growth</b> in solar energy installed capacity since 2014</p>	<p><b>Renewable energy capacity</b> has more than doubled since 2014</p>	<p><b>64% increase</b> in the population of Asiatic Lions from 2010-2023</p>	<p>India's Tiger population is at a record high number of <b>3167 individuals</b></p>
<p>Assam recorded <b>0 Rhino poaching</b> in 2022</p>	<p><b>95 cities</b> have shown improvement in air quality</p>	<p>Projects worth over <b>Rs. 35,415 crore</b> launched under Namami Gange Mission</p>	<p><b>35 lakh agricultural pumps</b> to be solarised under PM-KUSUM</p>



<p><b>500% increase</b> in road transport and highway budget allocation since 2014</p>	<p><b>400 Vande Bharat</b> by 2025, 18 already operational</p>	<p>Almost <b>1.16 crore people</b> have availed affordable air travel under UDAN</p>	<p><b>13,499 KM</b> National Highway completed (Bharatmala)</p>
<p>Speed of highway construction <b>reaches 30 km/day</b></p>	<p><b>83% increase</b> in cargo handling capacity at major ports</p>	<p><b>Metro Rail is now in 27 cities</b> from 5</p>	<p>Length of metro went from 248 km in 2014 to <b>860 km in 2023</b></p>
<p>Rural road connectivity at <b>99% coverage</b></p>	<p><b>3.28 lakh kms</b> of rural roads built since 2014</p>	<p><b>6.9 Crore+</b> FASTags issued</p>	<p><b>6.28 lakh+ KM</b> of Optical Fibre Connection</p>

# BIG PICTURE

## India's Enduring Tech Prowess



**2300+ UPI**  
transactions per  
second globally



**₹29 lakhs+**  
transferred through DBT



**5.62 billion +**  
documents issued  
digitally



**5.68 crores**  
DLC processed



**816 million+**  
broadband connections  
established



**12 crore+**  
**patients**  
catered through  
e-Sanjeevani



**UMANG: 5.2+ Cr**  
Registered users,  
**22,000 +**  
services offered



**GeM: Home to**  
**31 lakh products,**  
**2.5 lakh services**



Record of  
**104 Satellites**  
launched in single flight



Savings of over  
**₹2.73 lakh**  
**crore**  
through DBT



**One of the**  
**cheapest data**  
available



New start-ups in  
**669 districts**  
**across**  
**country**

# BIG PICTURE

## Nation First Foreign Policy & National Security



**1.8 crore**  
passengers evacuated  
during COVID-19



**22,500+**  
**Indians**  
returned safely from  
war-torn Ukraine



Operation Kaveri  
**3000+Indians**  
brought back from  
conflict-torn Sudan



**29 crore+**  
vaccines supplied to  
100+ countries



Operation Dost  
**5,945-ton**  
emergency relief  
consignment sent to  
quake-hit Syria and  
Turkey



**75% of capital**  
acquisition budget  
earmarked for domestic  
production in FY 2023-24



**720%**  
**growth**  
in Defence Exports  
in last 9 years



**\$770 billion**  
of record export  
achieved



**Article 370**  
repealed from  
Kashmir



**Surgical Strikes**  
**& Air Strikes**  
to stop cross-border  
terrorism



**LWE related**  
**incidents**  
came down by  
**76%**



Nearly  
**Rs. 500 crore**  
sanctioned for defence  
startups for the period  
from 2021-22 to 2025-26



**G20 my GOV**

Seva, Sushasan and Garib Kalyan

Years

## India Leads the World In ENVIRONMENT CONSERVATION

- Initiated the International Solar Alliance
- Created Coalition for Disaster Resilient Infrastructure
- Made 'climate justice' central to global climate change discourse
- Mission LIFE: An India-led global mass movement for 'Pro-Planet People'

**G20 my GOV**

## Breaking Boundaries:

Remarkable First-Evers in Education

- First-ever forensic university
- First-ever rail & transport university
- First-ever AIIMS in North-East
- First-ever medical college in Silvassa
- First-ever Central University in Ladakh

**G20 my GOV**

Seva, Sushasan and Garib Kalyan

Years

## Bringing Light to Every Home, Powering Progress

Electricity Connection Reaches Rural India with Saubhagya Scheme

**G20 my GOV**

Seva, Sushasan and Garib Kalyan

Years

## World's Largest Health Insurance Coverage

Ayushman Bharat - PM Jan Arogya Yojana

- Health insurance cover of up to ₹5 lakh/family/year
- 1.59 lakh Health & Wellness Centres created
- 23+ crore beneficiaries' e-cards issued

**G20 my GOV**

“Guided by the principle of Antyodaya, our Government is dedicated to the poor, marginalized and those left behind. We are working towards empowering them to become our soldiers in the fight against poverty”

9 Years

**G20 my GOV**

Seva, Sushasan and Garib Kalyan

Years

## India's Green Commitments THE PANCHAMRIT

- 500 GW non-fossil energy capacity by 2030
- 50% of energy from renewable by 2030
- Reduce carbon emissions by one billion tonnes by 2030
- Reduce carbon intensity of the economy by over 45% by 2030
- Net Zero by 2070

**G20 my GOV**

Seva, Sushasan and Garib Kalyan

Years

## Lighting Every Home, Fulfilling the Promise

Deen Dayal Upadhyaya Gram Jyoti Yojana

Mission 100%

19,000

**G20 my GOV**

The World Lauds India's Ujjwala Yojana

A major achievement in improving the environment and health of women

45% of the total surveyed primary cooking persons have reported improved health on using LPG as the primary cooking fuel

9 Years

Seva, Sushasan and Garib Kalyan

## High Commission celebrates International Day of Yoga 2023





High Commission organised a series of five events to mark the celebrations of 9<sup>th</sup> Intentional Day of Yoga under the theme “Yoga for Vasudhaiva Kutumbakam”. High Commission organised three events on 20<sup>th</sup> June 2023 at University of Zambia, Indian School of Lusaka and Mahatma Gandhi School and on 21<sup>st</sup> June at Chancery Premises and Copperbelt University, Kitwe. All Yoga events witnessed full fervor and enthusiasm of the yoga practitioners.

Hon’ble Chama Fumba, Permanent Secretary, Ministry of Youth, Sport and Arts was the guest of Honour for the Yoga event at Chancery Premises on 21<sup>st</sup> June 2023. He highlighted various benefits of Yoga and urged people to practice it for physical, mental and emotional well-being. He emphasised the need to incorporate Yoga in the arts to build a more inclusive and supportive community that prioritises personal growth and well being. He also stressed that practising Yoga can help artists and performers tap into their inner creativity and find new sources of inspiration.

High Commissioner Mr. Ashok Kumar highlighted multiple benefits of Yoga and urged everyone to embrace it for a physical and mental wellbeing. High Commissioner highlighted visionary leadership of Hon’ble Prime Minister of India Shri Narendra Modi Ji to elevate Yoga to the global centre stage. He mentioned that High Commission has been making efforts to popularise Yoga in Zambia and will continue its efforts to promote peaceful and healthy life through Yoga. High Commissioner emphasized on Yoga by quoting Hon’ble Prime Minister of India Shri Narendra Modi Ji’s words “Through Yoga, we experience our inner strength, which is so strong that no problem of the world, no negativity can shatter us. Yoga shows us the path from stress to strength and from negativity to creativity. Yoga takes us from depression to ecstasy and from ecstasy to blessing”. About 200 yoga enthusiasts, bureaucrats, diplomatic corps members and members from Indian diaspora participated in the event.

Hon’ble Lawrence Mwanza, District Commissioner, Kitwe graced the Yoga event at Copperbelt University, Kitwe organised on 21<sup>st</sup> June 2023. Prof. Paul Chisale, Acting Vice Chancellor, Copperbelt University, Deputy Vice- Chancellor, Academia, Registrar, Deans and students among others attended the event. Hon’ble Lawrence Mwanza, District Commissioner, Kitwe commended the Yoga Day Celebrations in higher education institution viz Copperbelt University, which he said would raise awareness of the value and advantages of Yoga. He also highlighted the therapeutic benefits of Yoga particularly for the students overburdened of academic work. Acting Vice Chancellor Prof. Paul Chisale said that benefits of Yoga is immense which could improve almost every aspect of health. He mentioned that Yoga can reduce dependency on medicine and doctors and its regular practice and promotion can drastically reduce national budgets on health and well-being. He also thanked the High Commission for organising Yoga event at the Copperbelt University.

## High Commission participated in Diplomatic World Family Fair



High Commission participated in Diplomatic World Family Fair on 25<sup>th</sup> June 2023 and showcased various facets of India's rich & vibrant culture viz. cuisine, handicrafts, dance etc .



High Commissioner Mr. Ashok Kumar inaugurated the Study in India education fair on 23<sup>rd</sup> June 2023 in Lusaka.

## UPCOMING BUSINESS EVENTS

## Franchise India Expo 2023 - Franchise India Show 2023

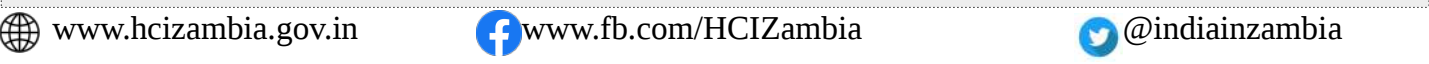
19<sup>th</sup> International Franchise & Retail Show ‘Franchise India 2023’ will be held from 15-16 July 2023 in Pragati Maidan, New Delhi. Franchise India 2023 will be home to franchisors, franchisees and the startup community. 2 day massive expo with unlimited franchise opportunities from various sectors and industries. For more details, please visit <https://www.franchiseindia.com/>

## IABSE Congress on Engineering for Sustainable Development

IABSE Congress 2023 on Engineering for Sustainable Development will be held in New Delhi from 22-22 September 2023. For more details and registration please visit <https://www.iabse.org/events>

## UP INTERNATIONAL TRADE SHOW

Federation of Indian Export Organizations is organising UP International Trade Show from 21-25 September 2023 at at India Expo Centre & Mart, Greater Noida, UP, India. For more details and registration please visit <https://web.surveyhero.com/s/UPITS> For any clarification, please feel free to connect at WhatsApp no. +91 8586877982 and +91 9999784214



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